



REACH YOUR FITNESS POTENTIAL!

Come see the team at Studio Rubix for personal training, nutrition and reformer pilates.

Studio Rubix is not a typical gym; we exclusively offer 1-1 and small group Personal Training and Reformer Pilates classes. Our experienced Dietitian will work with you towards an individualised nutrition plan.

Do you want to improve:

- Energy levels
- Strength and endurance
- Mobility and flexibility
- Body shape and tone
- Confidence and self esteem
- Performance
- Mood and wellbeing

CALL US TODAY TO GET STARTED & FIND YOUR STRENGTH



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www.studiorubix.co.nz

\$30 TOWARDS ANY SERVICE

Valid 1 month from the date you received this.
Please present voucher to redeem offer.