

# Bike Manawatu Track Programme

## Pre-Christmas 2023



Date	Day	Venue	Time	Details
16 Oct	Monday	Feilding	6pm – 7:30pm	Open Roll + Skill & Drills (General Fitness)
18 Oct	Wednesday	Feilding	6pm – 7:30pm	Open Roll
23 Oct	Monday	Feilding	12:00-1:30pm 2:00-4:30pm	Track Orientation 2* Race Meeting
25 Oct	Wednesday	Feilding	6pm – 7:30pm	Track Training (Skills, Drills, Fitness)
29 Oct	Sunday	Levin	TBC	Levin Cup – Race 1
30 Oct	Monday	Feilding	6pm – 7:30pm	Open Roll (General Fitness)
01 Nov	Wednesday	Feilding	6pm – 7:30pm	Track Training (Skills, Drills, Fitness)
03 Nov	Friday	Feilding	6pm - 7:30pm	Sprint Special 1
05 Nov	Sunday	Feilding Wellington	10am – 12:00pm TBC	Race Meeting Wellington Cup – Race 1*
06 Nov	Monday	Feilding	6pm – 7:30pm	Open Roll (General Fitness)
08 Nov	Wednesday	Feilding	6pm – 7:30pm	Season Points Race Meeting
12 Nov	Sunday	Feilding	10am – 12:00pm	Race Meeting
13 Nov	Monday	Feilding	6pm – 7:30pm	Open Roll (General Fitness)
15 Nov	Wednesday	Feilding	6pm – 7:30pm	Track Training (Skills, Drills, Fitness)
17 Nov	Friday	Feilding	6pm-7:30pm	Sprint Special 2
19 Nov	Sunday	Feilding	10am – 12:00pm	Race Meeting
20 Nov	Monday	Feilding	6pm – 7:30pm	Open Roll (General Fitness)
22 Nov	Wednesday	Feilding	6pm – 7:30pm	Track Training (Skills, Drills, Fitness)
26 Nov	Sunday	Feilding	10am – 12:00pm	Race Meeting
27 Nov	Monday	Feilding	6pm – 7:30pm	Open Roll (General Fitness)
29 Nov	Wednesday	Feilding	6pm – 7:30pm	Track Training (Skills, Drills, Fitness)
01 Dec	Friday	Feilding	6pm-7:30pm	Sprint Special 3
03 Dec	Sunday	Levin	TBC	Levin CC 100 <sup>th</sup> Anniversary Carnival
04 Dec	Monday	Feilding	6pm – 7:30pm	Open Roll (General Fitness)
06 Dec	Wednesday	Feilding	6pm – 7:30pm	Season Points Race Meeting
10 Dec	Sunday	Feilding Wellington	10am – 12:00pm TBC	Race Meeting Wellington Cup – Race 2*
11 Dec	Monday	Feilding	6pm – 7:30pm	Open Roll (General Fitness)
13 Dec	Wednesday	Feilding	6pm – 7:30pm	Track Training (Skills, Drills, Fitness)
15 Dec	Friday	Feilding	6pm-7:30pm	Sprint Special 4
17 Dec	Sunday	Feilding	10am – 12:00pm	Race Meeting – Christmas Break-up

### Track Cycling Contacts:

#### Facebook:

- BikeManawatu Track Cycling
- BikeManawatu

#### Email:

- secretary@bikemanawatu.co.nz

### Notes:

- Track opens for warm-up 30 mins before start times.
- Cancellations / postponements will be posted to the 'Bike Manawatu Track Cycling' Facebook page.
- Riders must be members of a CNZ affiliated club.
- \*New riders must have attended one of the orientation days prior to racing.
- †Major events at the Wellington Velodrome are shown in small text for riders wishing to participate.
- Whanganui Velodrome intend running events/activities on Mon/Tue/Thu evenings and Sat PM – details TBC.