



2018

WEST COAST NORTH ISLAND

OPEN

INDIVIDUAL TIME TRIAL

OHAU - LEVIN



PROUDLY HOSTED BY – LEVIN CYCLING CLUB



**WEST COAST
NORTH ISLAND
CYCLING CENTRE
INC**

WELCOME

Welcome to Ohau and the West Coast North Island Individual Time Trial Championship.

The club extends a big thank you to all volunteers and officials for their input in making this possible. It is an interesting course and we look forward to some exciting racing.

A big thank you to all the competitors that have made the effort to travel to this event.

You will note from the attached map that the parking and tent area in the Ohau Domain is on the opposite side of SH1 than the course. All riders, spectator, support people etc. are to use the underpass for safety reasons. This intersection is notoriously dangerous! Please respect the marshals attending this area.

ENTRIES/REGISTRATION

Entries close at midnight on June 7th. Start lists will be compiled from the registrations and sent to clubs June 9th.

MANAGERS MEETING

A meeting for club Managers/Riders will be held at the Ohau Hall at 0915 where start lists and race numbers will be available. Managers will be responsible for notifying their riders prior to them reaching the start line.

SIGN ON 0900 - 0930

All riders are to sign on in the hall where number will be issued.

COMMISSARIES

Chief Commissaire – Mike Simpson

STMS

Peter Robson

RACE COMMITTEE

Lisa Horn

Nick Spark (Race Director)

Richard Horn

Sue Scott

Sharee Lane

Helen Irvine

Simon Critchley

And LCC Committee members

TIME TABLE - 1 LAP = 15.2KM

- Handbikes 15km 1 lap
- Paracycling 15km 1 lap
- U15 Girls 15km 1 lap
- U15 Boys 15km 1 lap
- U17 Girls 15km 1 lap
- U19 Women 15km 1 lap
- Masters Women 4+ 15km 1 lap
- Masters Men 6+ 15km 1 lap
- U17 Boys 15km 1lap
- Masters Women 1 -3 30km 2 laps
- Masters Men 1 – 5 30km 2 laps
- U23 Women 30km 2 laps
- U19 Men 30km 2 laps
- Senior Women 30km 2 laps
- U23 Men 30km 2 laps
- Senior Men 30km 2 laps.

GEARING AND EQUIPMENT

U15	6.610m rollout	no aero helmets	no TT bars
U17	7.0m rollout	aero helmets	clip on TT bars
U19	7.93m rollout	aero helmets	TT bars

Non-licensed riders must ride the gearing appropriate to their grade.

All other age groups - open gears

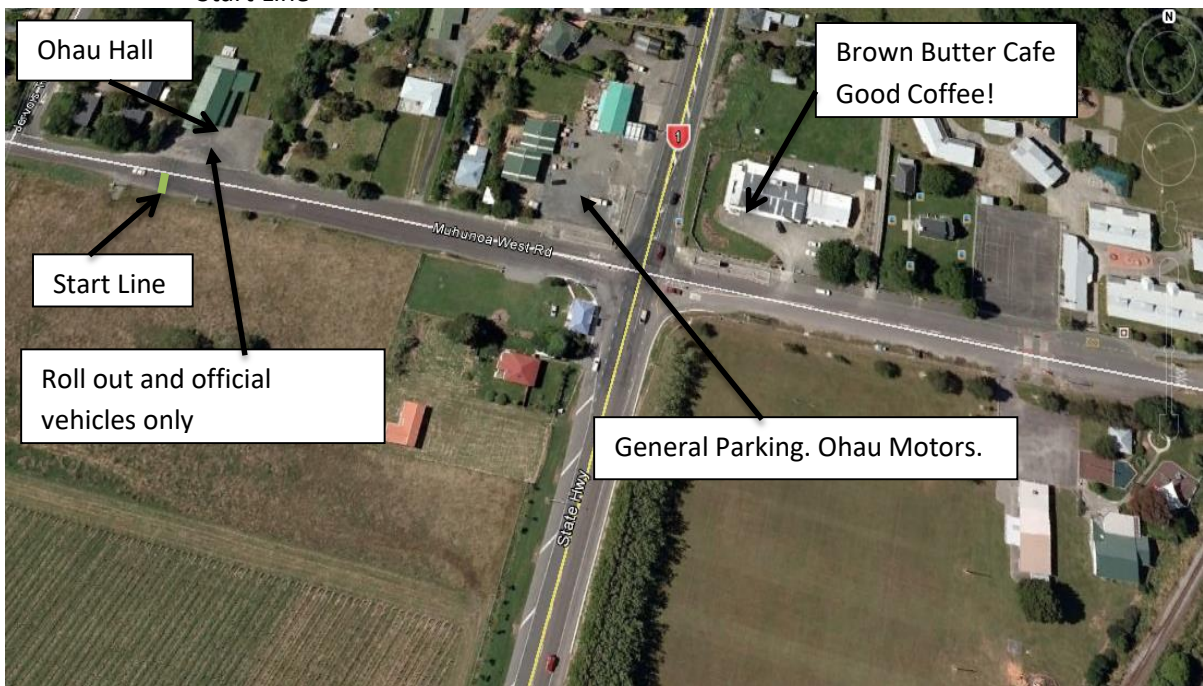
TIMING

Timing will be done manually, so no need for transponders.

NUMBERS

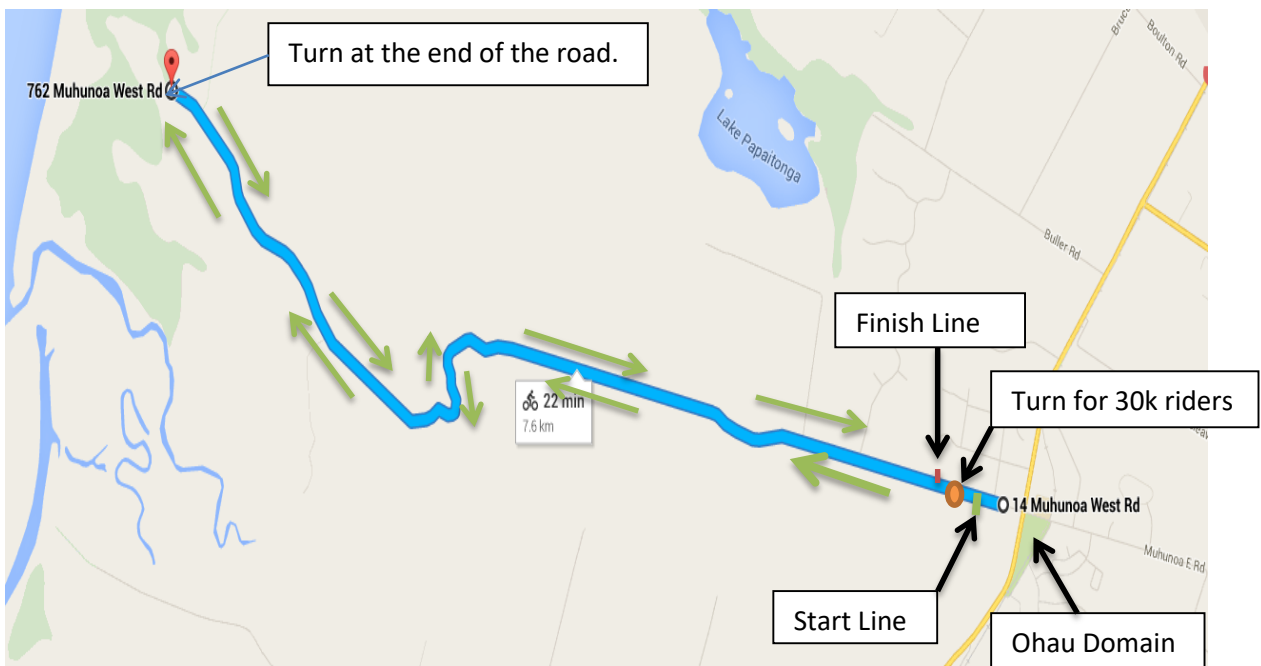
Please use 2 numbers. One centrally in the middle of the low back and the other on the left side readable when the rider is in the prone riding position. Numbers are to be returned to officials at the end of the rider's race. Any numbers not returned will incur a cost of \$20 invoiced to the riders Club.

Ohau Domain Parking
 Changing/Toilets
 Rugby Club rooms/lounge.
 Start Line



NB The finish line around 300m up the course. Riders will have time to wind down and pull into the Hall Carpark that will only have officials vehicles in it.

Muhunua West Rd Individual Time Trial Course.



Entries

1. Entry is available to all riders (affiliated to a Cycle Club and/or non-club riders).
2. If a rider is scratched they must notify the organisers as soon as possible so start lists can be altered accordingly.

Licensed Riders.

1. Riders are to ensure they have a valid 2018 licence card with them or have it readily available at all times during the Event, or if it is still being processed, a receipt and a form of photographic identification available.

Non-Club Riders.

1. Non-club riders will start at the end of their respective grade group.
2. All non-club riders must understand they do not have the insurance benefits that come with holding a UCI license and compete at their risk. See Terms and Conditions.
3. Non-club riders will not be eligible for medals.

Equipment

1. Bicycles must conform with current UCI regulations and NZ Road Rules. All bicycles must have 2 independently operating brakes (1 front, 1 rear).
2. Fixed wheel bikes are not permitted.
3. Helmets must be compliant with the NZ Transport Agency Standards for use on open roads and must be worn at all times whether training, warming up or racing.

Rules.

1. Racing will be conducted under UCI regulations and Cycling NZ Technical Regulations.
2. As racing takes place on open roads, it is a condition of racing that New Zealand traffic regulations are adhered to.
3. Helmets must be worn at any time a rider is on their bike.
4. Riders must keep left and not cross the centre line at any time. Where there is no centreline riders must ride as far left as practicable.

Riders Apparel

1. Riders must only wear their approved Club jerseys and shorts. Shorts may only display sponsors that are detailed on the riders racing licence.
2. Members of a UCI International Trade Team or a registered NZ Domestic Trade Team, riding as an individual and are permitted to wear their team shorts only. Must wear their Club Jersey.
3. Non-club riders must wear suitable clothing.

Time Trial

1. All riders to sign on at the Ohau Hall between 0900 and 0930 and report to the start line 5 minutes before their start time for gear check.
2. Race Numbers – Two numbers are required. One centrally on the lower back and the second on the riders left side readable in the prone riding position. No transponders required.
3. Riders will be held on the start line but restrained. If any riders break the start they will incur a 10 second time penalty.
4. Riders who miss their start may be allowed to start from a stationery held position but their time will be taken from their original scheduled time, **OR** start at a suitable alternative later time. This will be at the discretion of the starter/ organisers – not the rider.
5. Support – There is no rider support permitted and no vehicles following or parked out on the course, other than those of the commissaires or race officials. Sanctions and possible disqualification may be imposed if non-authorized vehicles are seen on the course.
6. A sag wagon will pick up riders who abandon the event. A wheel wagon will not be attending.
7. Only riders who are in competition are to be on the course. Warm up is not permitted on the course.
8. Any rider withdrawing from the race must remove their number and advise officials as soon as possible.

Protests.

1. Any protest is to be made to the commissaire within 15 minutes of the completion of the event. Protests can only be lodged by a club official on the behalf of the rider. Any protest must be made in a polite and courteous manner. Any decision by the commissaires is final and no further dialog or appeal will be entertained.

Medals and Medal Ceremony.

1. Medals are awarded on the following basis.
 - a. In any individual category, 1 rider-1 medal, 2 riders - 2 medal, 3 riders-3 medals.
 - b. Medals are awarded to centre and non-centre club riders.
 - c. Records can only be held by centre riders.
2. All riders shall participate in official ceremonies.
3. All rider must wear their official club race uniform
4. No sunglasses, caps etc to be worn on the podium.
5. Medal winners are to wear their medal around their neck until they have exited the podium area.
6. Non-club riders are not eligible for medals.

General.

1. The race will be held on an open road with traffic management in place to control speed and stop vehicles at the start line only, so riders can get away on time. Over the entire course, riders have right of way as per the Road Code however there will be marshals at the 3 side road intersections to alert traffic of the event.
2. Parts of the course are narrow with no centre line. It is essential that riders keep as far left as practicable at all times.
3. After the sprint finish riders are to wind down and turn left into the hall carpark area.
4. Warm up can be done on trainers on the domain, on Muhunoa East Road prior to crossing SH1 to the start line, or on trainers in the carpark area around the hall. No trainers inside the hall. No warmup on the course.
5. All riders and spectators are to use the underpass to cross from the domain to the hall or start line. Marshalls will be in place to remind you of this and there will be no exceptions. This section of SH1 is notoriously dangerous!

Terms and Conditions of Entry

I acknowledge that I am accepted as a participant in the Event on the basis that I have read and accepted all the below terms and conditions:

Acknowledgement of Risk and Medical Concerns:

- 1.1 I hereby acknowledge and assume all the risks of participating in the 2018 West Coast North Island Individual Time Trial Championship event (“the Event”). Whilst every endeavour will be made to ensure my safety, I acknowledge that participating in the Event involves a real risk to me and other participants of serious injury or even death from various causes including exertion, equipment failure, dehydration, collisions or incidents involving other competitors, spectators, other road users and/or vehicles, aspects of the course or bad weather conditions and other causes. I

understand that the Event will be held over public roads and in and on facilities open to the public during the Event and upon which hazards are to be expected

- 1.2 I understand I should not enter or participate in the Event unless I have trained appropriately and had any current health concerns checked by a medical practitioner
- 1.3 By participating in the Event I accept all risks necessarily flowing from my participation which could result in loss of life or permanent injury. Accordingly, I release all persons or organisations associated directly or indirectly with the conduct of the Event, including sponsors or other stakeholders, from all claims, demands and proceedings arising out of my participation, and I hereby indemnify them against all liability (including liability for their own negligence and negligence of others) for all injury, loss or damage arising out of or connected with my participation in this event. This release shall include Levin Cycling Club (“Event Organiser”), all sponsors and their respective managers, officers, agents, contractors, employees and volunteers including medical and paramedical people appointed for the Event, the owners, licensees and occupiers of land upon which this event or any part of the Event is conducted, any statutory body or local authority having control over any land upon which is involved directly or indirectly with the Event in any manner whatsoever and the Event Organiser. This release and indemnity continues forever and binds my heirs, executors, personal representatives and assignees
- 1.4 I consent to receiving any medical treatment the Event Organiser and/or Medical Provider deems necessary at the Event Organiser’s discretion before, during and/or after the Event
- 1.5 I agree to be responsible and assume liability for any and all costs incurred as a result of my training for and/or participation in the Event, including but not limited to travel and accommodation costs, ambulance transport services, hospital stays, medical care and treatment including any rehabilitation, and medical and pharmaceutical goods and services
- 1.6 I acknowledge that safety precautions undertaken by the Event Organiser are a service to me and other participants but are not a guarantee of my safety
- 1.7 I acknowledge that I will inform the Event Organiser on my registration form or prior to the Event in writing of any illness or condition including any pre-existing condition from which I suffer or might suffer that might affect my performance or be relevant if medical treatment is needed. The Event Organiser may, in the Event Organiser’s sole discretion, exclude me from the Event if the Event Organiser deems this appropriate for my safety or the safety of other participants.

Consent to Use of Personal Information including Use of Image:

- 2.1 I agree to my name and contact details being included on the Event’s database which may be used for commercial purposes by the Event Organiser or any of its sponsors or other stakeholders. This may include informing me or contacting me about events, products, brands, special offers, publications and other promotions in

which the Event Organiser or any of its sponsors think I might be interested in (including via email or other electronic communication). The Event Organiser will keep my personal information secure and hold it in a database in accordance with the Privacy Act 1993 and any amendments

- 2.2 I consent to the Event Organiser and its sponsors or other stakeholders using my image, name and likeness before, after and/or during the Event for event promotion, broadcasting or reporting in any media in relation to the Event or for the sponsor's own commercial or other purposes for the duration of their sponsorship
- 2.3 I consent to the Event Organiser having unlimited rights to my image, likeness or names for promotional purposes
- 2.4 I understand that if I do not want my details to be passed on to the Official Race photographer, who will notify me when my photographs are available online (via the email address supplied), I am to contact the Event Organiser prior to the Event by emailing nickspaark@xtra.co.nz

Entries

- 3.1 All competitors under 18 years of age at the date of the Event require the consent of a parent or guardian. This consent is given by the agreement to these terms and conditions by the participant's legal guardian
- 3.2 If I am entering and agreeing to these terms and conditions as the participant's legal guardian, I have the legal authority to act for the participant and on their behalf
- 3.3 I acknowledge that my entry fee is non-refundable under any circumstances, including but not limited to withdrawal either before or during the Event due to personal injury of any degree or exclusion by the Event Organiser or cancellation or modification of the Event
- 3.4 I acknowledge that if the Event is cancelled or postponed due to circumstances beyond the control of the Event Organiser such as extreme weather, fire, flood, earthquake or any other circumstance following which the Event Organiser deems it unsafe to hold the Event, my entry fee is not refundable.

Rules and Regulations

- 4.1 I understand and agree to the rules and regulations to which this event is held under
- 4.2 I understand additional event information will be available on request.
- 4.3 I understand that it is my responsibility to have my bike and helmet checked before coming to the Event
- 4.4 I understand that all roads are open to other road users and that I must obey all road rules and the directions of the Event Organiser including marshals, traffic management direction and directions from the Police. This includes but is not limited to keeping as far left as practical at all times and never crossing the centre line
- 4.5 I acknowledge and agree that if I breach any of these Terms and Conditions of Entry or fail to adhere to any direction of the Event Organiser, including the Event

Organiser's agents, officials, employees and contractors, whether before or during the Event, the Event Organiser may immediately exclude me from the Event. I agree that if excluded I will immediately remove myself from the Event including ceasing to ride until the Event has concluded

- 4.6 I understand that I must report to Event Organiser as soon as possible if I decide to pull out of the Event
- 4.7 I acknowledge that by reason of circumstance beyond the control of the Event Organiser it may become necessary to change the format, delay or cancel the Event, and if that occurs, I consent to the changes and I agree that each and every one of the conditions set out in these Terms and Conditions shall apply to the changed event.

Eligibility and Age Categories:

- 5.1 I acknowledge that I meet the Entry Criteria as stated on the event website
- 5.2 Age categories are based on age as at 31 December in the year of the race
- 5.3 The minimum age for entry is 13 years as at 31 December in the year of the race.

Miscellaneous:

- 6.1 I acknowledge that I am personally responsible for my possessions at the Event.